



## Massage

### Swedish Massage

**\$140**

A lighter massage that gently softens tight muscles using flowing techniques to unlock tight muscles and release energy.

60min

## Facials

All facials include a consultation and skin analysis.

### Renew Facial

**\$120**

Facial cleanse, exfoliation, and steam finished with a mask suited to your skin's needs.

60min

### Hydrate Facial

**\$130**

Cleanse, light exfoliation, steam finished with a moisturizing mask and nourishing face delicate massage.

60min

### Ageless Facial

**\$140**

Plump, firm, and revitalize! A facial focusing on reducing the appearance of fine lines, wrinkles, pigmentation issues, dry/dehydrated skin, puffiness, and all that ages our visage. Finish with LED Red Light Therapy.

60min

### Deep Cleanse & Detox Facial **\$150**

Facial cleanse focused on decongestion and oil balance. Includes exfoliation and extractions. Finish with LED Blue Light Therapy and a calming mask.

TCR Members receive a  
**10% Discount** on all services.